



*People don't come naturally to passwords, and resist making passwords actually effective. Adopting good password practices can help your organization not fall victim to criminals taking your money.*

# 11 WAYS TO IMPROVE PASSWORD PRACTICES

- 1 Passwords need to be unique to each account** (i.e. the password at Microsoft is not the same as at Google – so one criminal breach doesn't expose more than one account)
- 2 Passwords cannot be reused** (i.e. don't recycle no-longer-used passwords – those might have been breached)
- 3 Passwords cannot be made of letter/number/symbol substitutions** (i.e. shell written as 5he!! – criminals' software now guesses these substitutions easily)
- 4 Passwords cannot be based on user names or email addresses** (too easy for software to guess)
- 5 Passwords are not considered new when a password is slightly changed** (i.e. like adding a 1 or ! – criminals' software again)
- 6 Passwords must be of a certain length** (to keep ahead of password-cracking programs, 2024 advice is at least fifteen characters)
- 7 Passwords should be stored in either**  
a strong-password-protected and encrypted digital way (like in a password manager) or  
in a secure physical way – like in a locked file cabinet
- 8 Password sharing is not a good idea** – if necessary limit it to encrypted methods (like in an encrypted PDF)
- 9 Consider password manager software** (like LastPass, BitWarden, 1Password, etc.) that creates and stores strong, complex passwords (some products allow admin oversight of employee passwords)
- 10 Check if your email address has been breached** at [haveibeenpwned.com](https://haveibeenpwned.com) or through dark web monitoring that can watch if any email address from your domain has been in a breach
- 11 Turn on multifactor authentication (MFA) whenever possible** (MFA makes your employees confirm their identity in more than one way [like with both an email address and an authenticator app on a phone] to cut the risks of exposed passwords)

## **Online resources to help generate good passwords:**

Steve Gibson's password generator is at [grc.com/passwords.htm](https://grc.com/passwords.htm)

Univ. of Illinois has a password-strength checker at [uic.edu/apps/strong-password](https://uic.edu/apps/strong-password)



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